

Senior Meals and Services	Noon Meal Calendar Devils Lake 662-5061 New Rockford 947-5378				Month of November 2025
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
GF Oct-5 1-Bread 27 Hungarian Goulash LS Veggie House Salad / Dressing Fruit or Sauce	GF Oct 5 2-Bread 28 Sweet & Sour Meatballs Mashed Potatoes LS Veggie Fruit or Sauce	GF Oct-5 2-Bread 29 Pork Chop in Mushroom Gravy / Potato LS Veggie Fruit or Sauce	DS Oct 23-5 Bun 30 Knoephla Soup Keilbasa & Sauerkraut Seasoned Peas Fruit Cobbler	GF Oct-5 1-Bread 31 Honeyed Chicken Boiled Potatoes Creamed Corn Fruit Crisp / topping	
GF Nov-1 2-Bread 3 Swiss Steak Mashed Potatoes / Gravy LS Veggie Fruit or Sauce	GF Nov-1 Bun 4 BBQ Pulled Pork on a bun Soup LS Veggie Fruit Sauce	DS Nov 23 5 5 Tuna Noodle Casserole LS Veggie Fruit Cup Dinner Roll	GFNov1 CornBread 6 Chicken Kiev SM Baked Potato LS Veggie Fruit Sauce	GFNov1 Cornbread 7 Cracker Crumb Fish 2 - LS Veggie Fruit Sauce	
GF Nov -2 2-Bread 10 Swedish Meatballs Mashed Potatoes/gravy LS Veggie Fruit Sauce	NO MEALS 11 Veteran's Day Holiday No Senior Meals or Bus	GF Nov-2 2-Bread 12 BBQ Chicken Baked Potato LS Veggie Fruit or Sauce	GF Nov 3 2-Bread 13 Ham Sm Baked Potato LS Veggie Fruit Sauce	GF Nov 3 1-Bread 14 Lasagna Green Beans Peas Fruit Sauce	
DS May-3 1- Bread 17 Chicken Tenders Macaroni & Cheese LS Veggie Fresh Fruit or Sauce.	DS May 24-3 18 Cheese & Veggie Pizza Veggie Sticks House Salad / Dressing Yogurt & Fruit.	GF Nov 5 2-Bread 19 Meatloaf Mashed Potatoes/gravy LS Veggie Fruit Cocktail	GF Nov 2 No Bread 20 Beef Burrito Refried Beans Corn Fruit Crisp	GF Nov 1 2-Bread 21 Roast Beef Mashed Potatoes/Gravy LS Veggie Fruit Crisp / Topping	
DS Nov3 1 Bread 24 Turkey Noodle Soup Cranberry Chicken Pecan Salad / Crackers Fruit or Sauce	DS S/S-2 2-Bread 25 Tangy Meatloaf Mashed Potatoes/Gravy Veggie Blend Pear Sauce.	GF Nov 2 26 Sweet & Sour Chicken over Rice LS Veggie Fruit Crisp / Topping	27 Thanksgiving No Senior Meals or Bus	28 Thanksgiving No Senior Meals or Bus	
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meal Program, or semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.		Menu subject to change upon availability Lunch served 11:45-12 Monday - Friday		AGE 60 AND OVER: SUGGESTED CONTRIBUTION FOR CONGREGATE AND HOME DELIVERED MEALS IS \$5.00, CONTRIBUTE AS YOU ARE ABLE. Those under 60 or who do not complete a registraion form must pay \$15.07. www.seniormealsandservices.com	