

Senior Meals and Services	Noon Meal Calendar For Espresso Café - Cando Call 968-3809 The Day Prior for Reservation				Month of November 2025
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Bread 27 Tomato Soup Grilled Cheese Veggie Sticks w/ranch Fruit/Sauce	Dinner Roll 28 Turkey Cutlets w/Gravy Mashed Potatoes Maple Dijon Brussel Sprouts Fruit/Sauce	29 Menus subject to change upon availability	30	Bread 31 Chicken Cordon Bleu Au Gratin Potatoes Honey Glazed Carrots Fruit/Sauce	
Garlic Toast 3 Tater Tot Hotdish Green Beans House Salad/Dressing Fruit/Sauce	Bun 4 Fish Fillet Sandwich French Fries Peas & Carrots Fruit/Sauce	5 LS = low sodium Salad: tossed, fruit, coleslaw, potato, macaroni w/peas	6	Bread 7 Knoephla Soup Turkey Melt Sandwich Fruit/Sauce	
Dinner Roll 10 Baked Chicken Thighs Cheesy Rice Casserole Mixed Veggies Fruit/Sauce	11 	Bread 12 Beef Tips in Mushroom Gravy Whipped Potatoes Creamed Cabbage Fruit/Sauce	13	Bread 14 Rueben Sandwiches Roasted Baby Potatoes Corn Fruit/Sauce	
Bread 17 Minestrone Soup Roast Beef/Swiss Sandwich Fruit/Sauce	Bread 18 Cornflake Chicken Scalloped Potatoes Italian Green Beans Fruit/Salad	19	20	Dinner Roll 21 Seasoned Pork Roast Roasted Potatoes Roasted Asparagus Fruit/Sauce	
Breadstick 24 Garlic Shrimp Angel Hair Pasta Steamed Broccoli Fruit/Sauce	Flatbread 25 BBQ Chicken Flatbread Pizza House Salad/Dressing Fruit/Sauce	26		Bun 28 Sloppy Joes Macaroni Salad Beets Fruit/Sauce	
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meals Program, or a semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.			Age 60 and over: Suggested Contribution Congregate and Home Delivered Meals Is \$5.00. Contribute as you are able. Those under 60 or who do not complete a registration form must pay \$15.07 per meal.		