

Senior Meals and Services	Noon Meal Calendar For Espresso Café - Cando Call 968-3809 The Day Prior for Reservation			Month of May 2025
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2 Bread Herb Roasted Salmon Baked Potato Lemon Asparagus Fresh Fruit
5 Sopapilla Chili Relleno Casserole Spanish Rice Corn/Black Bean Salad Mandarin Oranges	6 Bun Cheeseburger Lettuce/Tomato/Onion Baked Beans Kiwi	7 LS = low sodium Salad: tossed, fruit, coleslaw, potato, macaroni w/peas	8	9 Bread Chicken & Rice Hotdish Seasoned Peas/Carrots Honeydew
12 Bread French Toast Turkey Sausage Hash Brown Patty Strawberries	13 Egg Roll Sweet & Sour Pork Fried Rice Oriental Blend Vegetables Pineapple	14 Menus subject to change upon availability	15	16 Breadstick Spaghetti/Meat Sauce Seasoned Zucchini House Salad/Dressing Fruit/Sauce
19 Bun Fish Fillet Corn Coleslaw Apple Crisp	20 Bread Garden Vegetable Soup Egg Salad Sandwich Pear Dessert Bake	21	22	23 Bread Beef Stuffed Cabbage Rolls Mashed Potatoes Seasoned Green Beans
26	27 Breadstick Chicken Fettuccine Alfredo Broccoli Florets House Salad/Dressing Peaches	28 Hot Dog Bun Grilled Brats Potato Salad Corn Grapes	29	30 Bread Country Fried Steak & Gravy Rosemary Potatoes Parslied Carrots Banana
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meals Program, or a semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.			Age 60 and over: Suggested Contribution Congregate and Home Delivered Meals Is \$5.00. Contribute as you are able. Those under 60 or who do not complete a registration form must pay \$14.79 per meal.	