

Senior Meals and Services	Noon Meal Calendar Devils Lake 662-5061 New Rockford/Sheyenne 947-5378				Month of March 2026
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
DS Mar 24 - 1 2 Hamburger on a bun Confetti Coleslaw Potato Wedges Lettuce, tomato, pickle Fruit Sauce	DS Mar24 -2 2-Brd 3 Baked Chicken Breast Glazed Sweet Potatoes Seasoned Green Peas Fruit Sauce	DS Mar 24-2 4 Stuffed Pork Chop Buttered Red Potatoes Broccoli w/cheese Corn Bread / Fruit Sauce	DS Mar24-2 Roll 5 Porcupine Meatballs Mashed Potatoes Herbed Green Beans Fruit Sauce	DS Mar24-3 roll 6 Shrimp Scampi/Linguine LS Veggie Fruit Sauce	
DS Mar-3 2-Bread 9 Chicken Marsala Mashed Potatoes LS Veggie Fruit Sauce	DS Mar-4 Roll 10 Italian Pasta Bake LS Veggie House Salad / Dressing Fruit or Sauce	DS Mar-3 11 Knoephla Soup Sm Cobb Salad / Dressing Fruit or Sauce Breadstick / Crackers	GF Mar-1 2-Bread 12 Swedish Meatballs Mashed Potatoes/Gravy Glazed Carrots Pear Sauce	GF Mar-1 1-Brd 13 Cheese Ravioli w/Sauce Peas & Carrots (1 cup) Tropical Fruit	
GF March - 2 16 Taco Salad w/Salsa Lettuce/Tomato/Blk Olive Tortilla Chips Fruit Sauce	DS Mar-24/3 2-Brd 17 Beef & Cabbage Roasted Red Potatoes Glazed Carrots Seafoam Salad	GF Mar-2 1- Bread 18 Pulled BBQ Chicken Baked Potato Green Beans Fruit Crisp / topping	DS Mar-24-5 2-Brd 19 Meatloaf & Gravy Onion Mashed Potatoes Veggie Blend Applesauce	DS Mar-24 - 2 20 Turkey Burger / Bun Tater Tots Corn Cobbette Ketchup Packet Fruit or Sauce	
GF Mar-3 2-Bread 23 Chicken Fried Steak Sweet Potato LS Veggie Peach Sauce	GF March - 1 24 BBQ Pulled Pork / Bun Tomato Soup LS Veggie Fruit Sauce	DS Mar-4 2-Bread 25 Roast Beef / Gravy Mashed Potatoes LS Veggie Fruit Sauce	DS Mar-4 2-Bread 26 Corn Flake Chicken Company Potatoes Veggie Blend Fruit Crisp / Topping	GF Mar-2 0 Bread 27 Baked Fish Over Rice Green Bean almondine Corn Mandarin Orange	
DS F/W24/5-3 30 Blueberry French Toast Sausage Patty O'Brien Potatoes Syrup / Apple	DS F/W235D/2 2Brd 31 Grilled Chicken Breast Potato Salad Herbed Green Beans Fruit Sauce	GF Mar-5 Cheeseburger / Bun Lettuce, Tomato Veggie Soup Mandarin Oranges	GF Mar-5 2-Bread Ham Scalloped Potatoes Green Beans Fruit Mix	DS Mar-5 Biscuit Baked Cod Wild Rice Pilaf Veggie Blend Orange	
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meal Program, or semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.		Menu subject to change upon availability Lunch served from 11:45 - 12 Monday - Friday		AGE 60 AND OVER: SUGGESTED CONTRIBUTION FOR CONGREGATE AND HOME DELIVERED MEALS IS \$5.00, CONTRIBUTE AS YOU ARE ABLE. Those under 60 or who do not complete a registration form must pay \$15.07. <a href="http://www.seniormealsandservices.com">www.seniormealsandservices.com</a>	