

Senior Meals and Services	Noon Meal Calendar Devils Lake 662-5061 New Rockford/Sheyenne 947-5378				Month of August 2025
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
DS July/23 - 3 28 Turkey Wrap Potato Salad House Salad / Dressing Tortilla Chips Mini Oranges	DS July 23 - 4 29 Chicken Salad Sandwich Salad / Dressing Lettuce/Tomato/Onion Fresh Fruit / Sauce	GF Jan-5 2-Bread 30 Ham Baked Potato LS Veggie Tropical Fruit Punch	GF July 5 2-Bread 31 Beef Tips in Gravy Mashed Potatoes LS Veggie Fresh Fruit or Sauce	DS July 5 Dinner r 1 Steak w/mushroom gravy Mashed Potatoes Parslied Carrots Fruit Crisp	
GF Aug-1 1-Bread 4 Swiss Steak Mashed Potatoes/Gravy LS Veggie Fruit or Sauce	GF Aug -3 1-Bread 5 Swedish Meatballs Mashed Potatoes/Gravy LS Veggie - Medley Fruit or Sauce	GF Aug-2 1-Bread 6 Roast Pork Mashed Potatoes/Gravy LS Veggies - Blend Angel Food Cake/berries	GF Aug-2 0-Bread 7 Seafood Supreme Salad Fresh Fruit	GF Aug-3 2-Bread 8 Meatloaf 3 oz Mashed Potatoes/Gravy Peas & Carrots Mandarin Orange Sauce	
GF Feb-2 0-Bread 11 Chicken Parmesan Sm Baked Potato LS Veggie Fruit or Sauce	GF Aug-5 2-Bread 12 Salisbury Steak Mashed Potatoes/Gravy Parslied Carrots Fruit or Sauce	GF Aug-5 13 Berry Burst Chicken Salad Fruit or Sauce Garlic Bread	GF Aug-5 14 Sausage & Kraut / Bun Potato Salad Baked Beans Fruit or Sauce	GF Aug-5 2-Bread 15 Baked Cod Scalloped Potatoes LS Veggie Fruit or Sauce	
GF Aug-5 18 Chef's Salad Cantaloupe Garlic Toast	GF Aug-2 2-Bread 19 Cranberry Chicken Sweet Potato LS Veggie Fruit or Sauce	GF Aug-2 1-Bread 20 Roast Beef Mashed Potatoes/Gravy Veggie Medley Angel Food Cake/Berries	DS Aug-3 1-Bread 21 Chicken Fried Steak Mashed Potatoes/gravy LS Veggie Fruit or Sauce	DS Aug 23 - 4 22 Sloppy Joe / Bun Oven Bake Fries Baked Beans	
DS S/S25 1 25 Spaghetti & Meat Sauce House Salad / Dressing LS Veggie Fruit or Sauce	DS S/S25 3 26 Turkey Sub Sandwich Potato Salad Coleslaw Fruit or Sauce	GF Aug-4 1-Bread 27 Crispy Chicken Whipped Sweet Potatoes LS Veggie Fruit or Sauce	DSS/S25-4 0-Bread 28 Turkey Dressing Corn- bread Casserole Mashed Potatoes/gravy LS Veggie / Fruit or Sauce	DS Aug 23-2 29 Hamburger on a bun Toppings Baked Beans Watermelon	
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meal Program, or semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.		Menus subject to change upon availability		AGE 60 AND OVER - SUGGESTED CONTRIBUTION FOR CONGREGATE AND HOME DELIVERED MEALS IS \$5.00, CONTRIBUTE AS YOU ARE ABLE. Those under 60 must pay \$14.79. www.seniormealsandservices.com for menu or info	