

Senior Meals and Services	Noon Meal Calendar				Month of May 2024
	Devils Lake 662-5061 New Rockford 947-5378				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
O - 5 2-Bread 29 Lemon Pepper Fish Au Gratin Potatoes LS Veggie Peach Sauce or Fruit	O - 5 Cornbread 30 Hungarian Goulash Green Bean Almondine Lettuce Salad / Dressing Mandarin Orange Sauce	O - 5 Hot Dog Bun 1 Knoephla Soup (1 cup) Kielbasa&Kraut (3/4 cup) Seasoned Green Peas Apple Fruit Cobbler	Mar - 3 Roll 2 Shrimp Scampi / Linguine LS Veggie Lettuce Salad / Dressing Fruit Cup	Mar- 1 Apple Sauce 3 Hamburger on a bun Potato Wedges/Coleslaw Lettuce, Tomato, Onion, Pickle Apple Sauce	
MDK - 1 0 - Bread 6 Beef Broccoli Stir Fry Brown Rice / Egg Roll Fruit or Sauce	N - 1 Dinner Roll 7 Swiss Steak Seasoned Egg Noodles Veggie Blend Fruit Compote	May - 2 2-Bread 8 Meatloaf & Gravy Onion Mashed Potatoes Peas & Carrots Fresh Fruit or Sauce	F/W -2 - 7 Bun 9 Hamburger on a bun Sweet Potato Fries Corn / Fruit Sauce Lettuce/Tomato,Onion	May - 2 2-Bread 10 Baked Cod Potato Confetti Coleslaw Fresh Fruit or Sauce	
May - 3 2-Bread 13 Baked Steak Sweet Potatoes LS Veggie Fruit or Sauce	MDK - 1 1-Bread 14 Hamburger Gravy Egg Noodles Peas & Carrots Fruit or Sauce	May - 3 1 - Bread 15 Chicken Tenders Macaroni & Cheese LS Veggie Fresh Fruit or Sauce	M - 3 2 - Bread 16 Porcupine Meatballs Mashed Potatoes Veggie Medley Fruit or Sauce	N - 2 17 Tuna Melt Sandwich Veggie Blend Spring Salad / Dressing Fruit Sauce	
S/S 1 0 - Bread 20 Sweet & Sour Chicken Brown Rice Broccoli / Egg Roll Fruit or Sauce	May - 4 2 - Bread 21 Beef Ragot Mashed Potatoes Stewed Tomatoes Berry Crisp	S/S 1 2 - Bread 22 Tangy Meatloaf Boiled Potatoes Veggie Blend Fruit or Sauce	S/S 1 2 - Bread 23 Swedish Meatballs Mashed Potatoes Veggie Blend Fruit or Sauce	S/S 1 2 - Bread 24 Beef tips & Mushroom Gravy / Mashed Potatoes LS Veggie Fruit or Sauce	
27 Senior Meals & DL Transit Closed For Memorail Day Holiday	S/S - 4 2- Bread 28 Chicken Drumstick Mashed Potatoes/Gravy LS Veggie Fruit or Sauce	S/S - 3 2 - Bread 29 Roast Beef & Gravy Garlic Mashed Potatoes Peas Fruit or Sauce	Wheat Roll Spcl 30 Open Faced Turkey Sandwich / Mashed Potatoes / Peas & Carrots Snicker & Apple Salad	May - 5 31 Philly Cheese Chicken Sandwich / Tater Tots Corn Fresh Fruit or Sauce	
Older Americans Act federal regulations require individuals 60 and older to complete an annual registration in order to participate in the Congregate Meal Program, or semi-annual registration to participate in the Home-Delivered Meals Program. You will be notified when it is time to update.				AGE 60 AND OVER: SUGGESTED CONTRIBUTION FOR CONGREGATE AND HOME DELIVERED MEALS IS \$4.00, CONTRIBUTE AS YOU ARE ABLE. Those under 60 or who do not complete a registraion form must pay \$12.10.	